



# Parish of Newton Abbot and Ogwell

## WEEKLY NEWS

14<sup>th</sup> June 2026

In this edition:

- Message from the Vicar
- Times of our Parish Prayer Gatherings for the next two weeks
- Lunch with God - ***A Summer of Invitation!***
- Updated Prayer list:
- Invitation to two special women's breakfasts: Summer with the Holy Spirit
- Ogwell Big Breakfast
- Party in the Park
- Memorial Service for Sandy Vaughan Edwards – change of time.

## FROM OUR VICAR

Dear Friends

It occurred to me that we have slipped into the long stretch of the Church calendar known as Ordinary Time (or the Sundays after Trinity), which carries us through the summer and autumn months.

With no major festivals on the immediate horizon, no high-stakes preparation like Lent, and no bustling anticipation like Advent, it can feel a little sparse. The Sundays can become routine; each one looks much like the one before and the one to come. Normal sets in.

But "ordinary" doesn't mean mundane. The word actually comes from *ordinal*, meaning counted or ordered time. It is a season for the roots to grow deep. So, how do we turn this ordinary time into something truly extraordinary? I dug into three figures from Christian history and tradition who offer some beautiful, practical wisdom.

### **Brother Lawrence: Finding God in the Kitchen**

We were reminded during Lent by Revd Alan, in our prayer course, of the example of Brother Lawrence. In the 17th century, this Carmelite monk spent his days doing the ordinary work of monastery life: cooking meals and repairing sandals. Yet his peace was so profound that people travelled from far and wide to seek his advice. His secret was what he called *the practice of the presence of God*. He believed God was just as present among the dirty pots and pans as during the most solemn church service.

## **St Benedict: The Holy Rhythm of Routine**

Many Christians today are drawn to Benedictine spirituality because of its wisdom for everyday life. In the 6th century, St Benedict wrote a rule for monks that transformed how daily life was approached. He emphasised prayer and work (*ora et labora*). Benedict taught that routine is not a cage but a scaffold. When we build a steady, predictable rhythm of prayer, kindness, and work into our weeks, we create space for God to surprise us.

## **St Thérèse of Lisieux: The Little Way**

You do not need to climb a mountain or fast for forty days to grow closer to God. St Thérèse of Lisieux (1873–1897) championed what she called the "Little Way". She believed that we could turn the most basic, repetitive daily tasks into extraordinary acts of devotion simply by doing them with love.

"Miss no single opportunity of making some small sacrifice, here by a smiling look, there by a kindly word; always doing the smallest right and doing it all for love."

## **The Ordinary Time Challenge**

Take inspiration from Brother Lawrence: practise "micro-prayers". You do not need an hour of silence; simply pause for five seconds when you turn on a tap, start the car, or put the kettle on, and quietly pray, "God, you are here with me now."

Become a little more Benedictine by committing to one small, steady spiritual routine for this season. It could be reading one Psalm each morning, saying a prayer of gratitude every Sunday evening, or spending a few moments in silence before bed. Consistency often bears more fruit than intensity.

Take a lesson from St Thérèse and look for small opportunities to put love into action. Give up your place in a queue, offer a word of encouragement to someone whose work is often overlooked, or write an anonymous note of thanks. Do these things not for recognition, but as a quiet offering of love to God.

Ordinary Time is the summer and autumn of the soul. It is the season when the seeds planted through Easter and Pentecost take root and bear fruit. As we enter these months, we need not wait for the next great festival of the Church to renew our faith. Instead, we are invited to pay attention to the ordinary days God has given us, for it is often there that his extraordinary grace is most clearly seen.

May God bless you with a fruitful and grace-filled Ordinary Time.

*Gareth*

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**Please pray for:**

**Our Church**, our parish, benefice and diocese, our Rector Dave Brown, Team Vicars Gareth Regan and Fr. Matthew Cashmore, Curate Jon Bealey, and all others who carry out their own form of ministry.

**Our King**, His Majesty King Charles III, members of the Royal Family and our government.

### **Church of the Province of South East Asia**

**For the churches of the St Thomas Mission Community**, their clergy Sarah Mounoury, Sarah Cumming, and for all who live and worship in Saint Thomas Exeter.

**Residents in the following streets:** Forde Place, Forde Road, Foxley Crescent, Foxwell Lane, Frobisher Road, Garston Avenue, Garner's Lane, Gascon Close and Great Western Way.

**The sick and suffering** in our parishes and any others who are unwell.

The families and friends of the recently deceased.

**Please email** [prayer@newtonabbotparishes.co.uk](mailto:prayer@newtonabbotparishes.co.uk) to let us know about anyone needing our prayers.

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### **Readings for 14<sup>th</sup> June**

Matthew chapter 9, verse 35 to chapter 10 verse 8

1 Peter chapter 5, verses 1 to 14

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### **Parish Prayer Gatherings**

Our next **morning** Parish Prayer Gathering will be on **Monday 15<sup>th</sup> June** at St Paul's Church starting at 9:15 a.m.

Our next **evening** Parish Prayer Gathering will be on **Monday 21<sup>st</sup> June** at St Paul's Church starting at 7 p.m.

Do come and join us as we pray together.

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**Ogwell Big Breakfast** on Saturday 13<sup>th</sup> June between 9 a.m. and 12 noon in the Ogwell Memorial Hall. **No need to book ahead.** Choice of food. £10 for adults, £5 for children. In aid of St Bartholomew's Church.

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**Special Women's Breakfasts  
this summer.** 4<sup>th</sup> July and 3<sup>rd</sup>  
August, 8:30 a.m. at 5 Coach Place.  
**Summer with the Holy Spirit.**

Open to women from across our 5 churches, these 2 breakfasts follow on from Summer with the father, and Summer with the Shepherd held at the Rectory over the past 2 years.

The invitation is here, but booking is essential as places are limited.

Email Judy on [mrsvicar16@gmail.com](mailto:mrsvicar16@gmail.com) or telephone 01626 335862.



**Lunch With God with a  
Summer of Invitation!**

Continuing every Wednesday from 12:15 to 1:45 p.m., until the end of September, Lunch with God will be in Golden Lion Square. Over that 90 minutes there will be a short talk (repeated 3 times), an invitation to ask questions about Jesus and the Christian faith and lots of freebies (Bibles, booklets, tracts) to give away.

Our focus will be on the invitations Jesus gives to come to him and all that He offers. So please can you **pray** for the team: for boldness and clarity and for wisdom in the talks and questions, for grace and kindness in our conversations, and for God to use this witness to bring people to himself.

And please would you **come** at least once over the summer. A crowd draws a crowd, so having people listen is a great help. And who knows, just being there might help equip you to share your faith with others.

A poster for 'Lunch with God' with a background image of a tree and a path. The text reads: 'LUNCH WITH GOD A SUMMER OF INVITATION Forgiveness and Belonging Purpose and Freedom Peace, Hope, Love and Life FREE. FOR ALL. FOR YOU. FROM JESUS. Come and hear the invitations of JESUS explained through short talks from the Bible. Golden Lion Square, Newton Abbot Wednesday lunchtimes 12:15-1:45 Come along. Ask questions. Encounter Jesus. Organised by the Church of England Churches in Newton Abbot and Ogwell www.newtonabbotparishes.co.uk'. There is a QR code in the bottom right corner and a small logo in the bottom left.

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**The Memorial Service** for Sandy Vaughan Edwards at St Mary's Church on Friday 12<sup>th</sup> June will be at **2:30 p.m.** not 12:30 as previously indicated.

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**Party in the Park.** Once again, the Parish will have a stall at the Party in the Park in Courtenay Park on 4<sup>th</sup> July, from 10 a.m. to 4 p.m.

Volunteers are needed to talk to passers-by, supervise simple games and be Christian witnesses.

Please email Dave [rector@newtonabbotparishes.co.uk](mailto:rector@newtonabbotparishes.co.uk) if you can spare 90 minutes to help.

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## COMING EVENTS

**Lunch with God.** Wednesdays at Golden Lion Square 12:15 to 1:45 p.m. Bible teaching.

**Ogwell Big Breakfast.** Saturday 13<sup>th</sup> June 9 a.m. to 12 noon at the Memorial Hall. In aid of St Bartholomew's Church.

**Craft Club.** 16<sup>th</sup> June at 2 p.m. at St Paul's Church.

**Women's Breakfast.** Saturday, 13<sup>th</sup> June at 9:30 a.m. at Leisure Lounge Café.

**Men's Breakfast.** Saturday 20<sup>th</sup> June, 9:00 a.m. at the Leisure Lounge Café.

**Venetian Splendour Choral Concert** 20<sup>th</sup> June at 7:30 p.m. at Buckfast Abbey. See [www.buckfast.org.uk/events/venetian-splendour/](http://www.buckfast.org.uk/events/venetian-splendour/)

**Parochial Church Council.** 24<sup>th</sup> June at 7 p.m. at Abbotsbury Church.

**Youth Group** for ages 11 to 17 at The Avenue Church on 26<sup>th</sup> June, 7.30 to 9 p.m.

**Charity Coffee Morning.** 27<sup>th</sup> June from 10 a.m. in the Hall at St Paul's Church in aid of Prostate Cancer Research.

**Special Women's Breakfasts. Summer with the Holy Spirit.** 4<sup>th</sup> July and 1<sup>st</sup> August at 8:30 a.m. at the Rectory. Book with Judy by email at [mrsvicar16@gmail.com](mailto:mrsvicar16@gmail.com) or telephone 01626 335862.

**Baptism and Confirmation Service** on 5<sup>th</sup> July at 11 a.m. at St Paul's Church.

**Charity Coffee Morning.** 27<sup>th</sup> June from 10 a.m. in the Hall at St Paul's Church in aid of Alzheimer's Research.

**Party in the Park** in Courtenay Park, 4<sup>th</sup> July 10 a.m. to 4 p.m. Contact Dave if you can help on the Parish's stall.

**Highweek Village Show.** 11<sup>th</sup> July, from 2 p.m. at the Scout Hut in Howton Road. See [www.highweekvillagehall.org](http://www.highweekvillagehall.org)

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## CHURCH SERVICES

### 14<sup>th</sup> June

Abbotsbury Church, Service of the Word at 9:30 a.m.

All Saints' Church, Holy Communion at 9:30 a.m.

St Paul's Church, Holy Communion at 11 a.m.

St Luke's Church, Mass at 11:15 a.m.

### 21<sup>st</sup> June

Abbotsbury Church, All Age Service at 9:30 a.m.

St Bartholomew's Church, Holy Communion at 9:30 a.m.

St Mary's Church, Wolborough, Holy Communion (BCP) at 11 a.m.

St Paul's Church, Service of the Word, at 11 a.m.

St Luke's Church, Mass at 11:15 a.m.

### 28<sup>th</sup> June

Abbotsbury Church, Service of the Word at 9:30 a.m.

All Saints' Church, Holy Communion at 9:30 a.m.

St Paul's Church, Holy Communion at 11 a.m.

St Luke's Church, Mass at 11:15 a.m.

**EVERY WEDNESDAY** 10 a.m. Holy Communion at St Paul's Church, Devon Square **and** 10 a.m. Said Mass at St Luke's Church, Milber.

**ALL WEEK** St Bartholomew's Church in Ogwell is normally open for private prayer during daylight hours.

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## FUNERALS AND INTERMENTS

**David (Sandy) Vaughan Edwards.** Memorial Service. 12<sup>th</sup> June. **2:30 p.m.** at St Mary's Church, Wolborough

**Ruth Parkhouse.** 15<sup>th</sup> June 11 a.m. at All Saints' Church.

**Jean Owen.** 17<sup>th</sup> June 1 p.m. at St Mary's Church, Wolborough.

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# PARISH CONTACTS

**Team Rector: Rev Dave Brown.** Day off Thursday  
[rector@newtonabbotparishes.co.uk](mailto:rector@newtonabbotparishes.co.uk) 01626 335862 **Team Vicar and Vicar of St Luke's, Milber: Fr. Matthew Cashmore.** Day off Monday [father@slsj.co.uk](mailto:father@slsj.co.uk)  
07555 924862

**Team Vicar: Rev Gareth Regan:** Day Off: Friday.  
[gareth@newtonabbotparishes.co.uk](mailto:gareth@newtonabbotparishes.co.uk) 01626 201237

**Curate: Rev Jonathan Bealey** [curate@newtonabbotparishes.co.uk](mailto:curate@newtonabbotparishes.co.uk) 07886567732

**Licensed Lay Minister: Keith Butler:** [puffin@blueyonder.co.uk](mailto:puffin@blueyonder.co.uk) 07980 457919

## Churchwardens:

All Saints': **Paul Cannock**

Abbotsbury: **Pauline Giddings**

St Mary's **Sharon Lawrence** [salawrence21@outlook.com](mailto:salawrence21@outlook.com) 07794 108166

St. Paul's **Lorna Tresidder** [lornatresidder@icloud.com](mailto:lornatresidder@icloud.com)

St Bartholomew's **Stella Llewellyn** [stellallewellyn@icloud.com](mailto:stellallewellyn@icloud.com) 01626 906814  
and **Gwyn Hughes.** [gwynhughes@icloud.com](mailto:gwynhughes@icloud.com) 01626 365028

**Anna Chaplain: Kim Martin** [annachaplain@newtonabbotparishes.co.uk](mailto:annachaplain@newtonabbotparishes.co.uk)

**Organist: Steve Cox** 079 686 21511 or 01626 854228 [stephen.cox54@talktalk.net](mailto:stephen.cox54@talktalk.net)

**Parochial Church Council Secretary: Karen Hooker.**  
[pccsecretary@newtonabbotparishes.co.uk](mailto:pccsecretary@newtonabbotparishes.co.uk) 07999 891029

**Safeguarding Lead: Rob Palmer** 07792 081776 [treb0r@hotmail.com](mailto:treb0r@hotmail.com)

**Weekly Parish News** by Email. **John Calderwood.** [news@newtonabbotparishes.co.uk](mailto:news@newtonabbotparishes.co.uk)  
07760 226488

**Other Communications Media** (website and social media)  
[comms@newtonabbotparishes.co.uk](mailto:comms@newtonabbotparishes.co.uk)

**IT Support** [it\\_support@newtonabbotparishes.co.uk](mailto:it_support@newtonabbotparishes.co.uk)

**Parish website:** [www.newtonabbotparishes.co.uk](http://www.newtonabbotparishes.co.uk)

**Parish Office** at St Paul's Church, Devon Square.

The office is normally open Monday to Thursday, 10:30 a.m. to 1:30 p.m. Phone 01626 211346 or email [office@newtonabbotparishes.co.uk](mailto:office@newtonabbotparishes.co.uk)

# OTHER USEFUL CONTACTS

**Newton Abbot Town Council.** 01626 201120 [www.newtonabbot-tc.gov.uk](http://www.newtonabbot-tc.gov.uk)

**Shopmobility, Ring & Ride, Community cars** – 01626 335775

**Teignbridge Council** – 01626 361101, [www.teignbridge.gov.uk](http://www.teignbridge.gov.uk)

**THAT Foodbank.** 8 Queensway House, Queensway, Newton Abbot. TQ12 4BA. Tel: 01626 437310, email: [office@thatfoodbank.com](mailto:office@thatfoodbank.com) Website:

[www.thatfoodbank.com](http://www.thatfoodbank.com) **Footnote.** Thank you very much to those of you who have sent me contributions for our weekly news. Relevant photos are very welcome.

I aim to circulate each weekly issue on Wednesday to give notice of the coming weekend's events and perhaps report what happened last weekend.

Please let me have any news of past events, notice of future activities or any other information that may be interesting or useful for our Church members, by Tuesday for the next day's issue.

If you know of anyone who does not receive this weekly email, but wishes to do so, please ask them to email me. John Calderwood [news@newtonbbotparishes.co.uk](mailto:news@newtonbbotparishes.co.uk)